

Rhonda Hodgdon

From: Rhonda Hodgdon [rhonda@computerfixlady.com]
Sent: Friday, August 21, 2009 10:25 AM
To: rhonda@computerfixlady.com
Subject: Computer Tip of the Week #16



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WEEK #16

Do I need to turn my computer off at night?

Answer:

The truth is, it doesn't matter. Hardware is not significantly impacted by either choice. But, you could possibly be saving energy/money. Here are some things to consider so you can make the best choice for you.

The average computer that is being used for 4 hours a day and left on, will cost approximately \$.60 a day or \$219 per year in energy. By shutting your computer down or setting your computer to hibernate after 30 minutes you can cut that number in half.

Keep in mind that if you do not unplug your computer, it will still be using 2.3 watts, which is the same as hibernation mode. Sleep mode uses 3.1 watts. Monitors are not using any watts when turned off. They do not need to be unplugged.

If you know someone who would like to receive these tips, have them sign up up www.computerfixlady.com/Tip.html